



St. Vladimir Orthodox Church

812 Grand Street, Trenton, NJ 08610 (609) 393-1234
Rev. Volodymyr Chaikivskyi V. Rev. Paul Shafran, Pastor Emeritus
saintvladimir.org
facebook.com/St-Vladimir-Orthodox-Church-Trenton-NJ-454092552035666

HIEROMARTYR PHOCAS, BISHOP OF SINOPE / PROPHET JONAH SEPTEMBER 22, 2024

TROPARION, KONTAKION & PROKEIMENON

Troparion – Tone 4

When the women disciples of the Lord learned from the angel the joyous message of Thy Resurrection, they cast away the ancestral curse and elatedly told the apostles: “Death is overthrown! Christ God is risen,// granting the world great mercy!”

Troparion – Tone 3

Holy Apostle Quadratus, entreat the merciful God// to grant our souls forgiveness of transgressions!

Troparion – Tone 4

By sharing in the ways of the Apostles, thou didst become a successor to their throne. Through the practice of virtue, thou didst find the way to divine contemplation, O inspired one of God; by teaching the word of truth without error, thou didst defend the Faith, even to the shedding of thy blood.// O Hieromartyr Phocas, entreat Christ God to save our souls!

Kontakion – Tone 4

My Savior and Redeemer as God rose from the tomb and delivered the earth-born from their chains. He has shattered the gates of hell, and as Master,// He has risen on the third day!

Kontakion – Tone 8

The universe offers Thee, O Lord, the Apostle Quadratus as a most honored hierarch and athlete of great strength; with hymns it honors his all-venerable memory// and asks that through him Thou grant forgiveness of transgressions to those who sing his praise.

Kontakion – Tone 2

The Master established thee as a brilliant sun shining on all the faithful, glorious Hieromartyr Phocas. He has accepted thy life, faith and contest as myrrh,// for He is rich in mercy.

Prokeimenon – Tone 4

O Lord, how manifold are Thy works; / in wisdom hast Thou made them all.
V. Bless the Lord, O my soul! O Lord, my God, Thou art very great!

LITURGICAL COMMEMORATION

Hieromartyr Phocas, Bishop of Sinope

Hieromartyr Phocas was born in the city of Sinope. From youth he led a virtuous Christian life, and in his adult years he became Bishop of Sinope. Saint Phocas converted many pagans to faith in Christ. At the time of a persecution against Christians under the emperor Trajan (98-117), the governor demanded that the saint renounce Christ. After fierce torture they enclosed Saint Phocas in a hot bath, where he died a martyr's death in the year 117. In the year 404, the relics of the saint were transferred to Constantinople (July 22). The Hieromartyr Phocas is especially venerated as a defender against fires, and also as a helper of the drowning.

Prophet Jonah

The Holy Prophet Jonah lived in the eighth century before the birth of Christ and was a successor of the Prophet Elisha. The Book of the Prophet Jonah contains prophecies about the judgments on the Israelite nation, the sufferings of the Savior, the downfall of Jerusalem, and the end of the world. Besides the prophecies, the Book of Jonah relates how he was sent to the Ninevites to preach repentance (Jon. 3: 3-10).

Our Lord Jesus Christ, addressing the Scribes and the Pharisees who demanded a sign from Him, said that no sign would be given except for the sign of the Prophet Jonah, "As Jonah was in the belly of the whale three days and three nights, so also shall the Son of Man be in the heart of the earth three days and three nights" (Mt. 12: 40). From these words the Lord shows clearly the symbolic meaning of the Book of the Prophet Jonah in relation to Christ's death on the Cross, descent into Hell, and the Resurrection. Reproaching the lack of penitence and recalcitrance of the Jews, the Lord said, "The Ninevites shall rise in the judgment with this generation and will condemn it, because they repented at the preaching of Jonah; and one greater than Jonah is here" (Mt. 12: 41).

EPISTLE & GOSPEL READINGS

Epistle: 1 Corinthians 16:13-24

Watch, stand fast in the faith, be brave, be strong. Let all that you do be done with love. I urge you, brethren – you know the household of Stephanas, that it is the firstfruits of Achaia, and that they have devoted themselves to the ministry of the saints – that you also submit to such, and to everyone who works and labors with us. I am glad about the coming of Stephanas, Fortunatus, and Achaicus, for what was lacking on your part they supplied. For they refreshed my spirit and yours. Therefore acknowledge such men. The churches of Asia greet you. Aquila and Priscilla greet you heartily in the Lord, with the church that is in their house. All the brethren greet you. Greet one another with a holy kiss. The salutation with my own hand – Paul's. If anyone does not love the Lord Jesus Christ, let him be accursed. O Lord, come! The grace of our Lord Jesus Christ be with you. My love be with you all in Christ Jesus. Amen.

Gospel: Luke 5:1-11

So it was, as the multitude pressed about Him to hear the word of God, that He stood by the Lake of Gennesaret, and saw two boats standing by the lake; but the fishermen had gone from them and were washing their nets. Then He got into one of the boats, which was Simon's, and asked him to put out a little from the land. And He sat down and taught the multitudes from the boat. When He had stopped speaking, He said to Simon, "Launch out into the deep and let down your nets for a catch." But Simon answered and said to Him, "Master, we have toiled all night and caught nothing; nevertheless at Your word I will let down the net." And when they had done this, they caught a great number of fish, and their net was breaking. So they signaled to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. When Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord!" For he and all who were with him were astonished at the catch of fish which they had taken; and so also were James and John, the sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid. From now on you will catch men." So when they had brought their boats to land, they forsook all and followed Him.

PRAYERS FOR THE SICK, CAREGIVERS, AND DECEASED

To add a name, please email Darice at daricekeyes@gmail.com.

For the Sick / Caregiver

Subdeacon Serge (9/1)
Melody (9/1)
Michael (9/1)
Charlotte (9/1)
Thomas (9/8)
Matushka Mary (9/8)
Father Paul (9/8)
Alexandra (9/8)
Bill (9/15)
Kelly (9/15)
Liam (9/15)

For the Deceased

Lynne (9/15)
Lydia (9/22)
Sharon (9/22)
Athanasia-Trudy (9/22)
John (9/22)
Bonnie (9/22)
Paul (9/22)
Carmine (9/22)
Marianne (9/22)
Anthony (9/22)

Chris (9/15)

SERVICES

Service Schedule for the Week of September 22

Sunday September 22 – 9:45 AM Hours, 10:00 AM Divine Liturgy followed by the Annual Parish Picnic

Saturday September 28 – 5:00 PM Vespers followed by Confession and Catechumen classes

Sunday September 29 – 9:45 AM Hours, 10:00 AM Divine Liturgy followed by Coffee Hour in Daria Hall

DONATIONS

Weekly Giving

September 15 – 82 adults, 24 youth, \$2,568

PARISH ANNOUNCEMENTS

The annual Parish Picnic will be held today after services at the church picnic grounds on Rt. 33 in Hamilton. The grounds are located between Brothers Pizza and the Rt. 33 Nissan Dealership on Rt. 33 in Hamilton.

Catechumen classes will be held on Saturday evenings after Vespers (5:00 PM) starting next Saturday, September 28. Parishioners are more than welcome to attend along with those studying to convert to the Orthodox faith.

Gift cards and other items for the Annual Turkey Social on October 13 are needed. Please refer to the papers on the tables in Daria Hall. If you have questions or a donation, please see Nina Laushell. All gift items will be needed by Sunday October 6. Thank you!

BIRTHDAYS THIS WEEK

Hannah Dougherty – September 26

Have a blessed birthday and may God grant you many years!

COFFEE HOUR

Hosts are responsible for providing and setting up the refreshments in Daria Hall at 9:00 AM and after Holy Communion, cleaning up after Coffee Hour including washing, drying and putting away dishes, taking out the trash, wiping down the tables, and cleaning up the Coffee Room including turning off and cleaning the coffee and tea pots. Hosts will be informed in advance if cream cheese, butter, or milk is needed. **PLEASE NOTE:** Your assigned Coffee Hour Support Person will provide guidance, however, the Support Person will leave Daria Hall at 9:55 AM to attend church services. If you have arrived late or are not finished, you will be provided the key to lock the Hall when you are leaving for church services. If you have any questions, please contact Melody Stavisky or Alla Strauss.

SUGGESTED MENU:

Bagels / Breads

Donuts / Pastries

Desserts are available to use from the two freezers in Daria Hall

Fruit

Salads

Tortilla chips & Salsa

Hummus

Sugar-free dessert

Oreos (non-dairy)

NOTE: Hosts may provide a luncheon for a specific event or holiday (panikhida, birthday, anniversary, holiday) with advance notice to reserve the specific date to host the event. The hosts will be responsible for all food preparation for such a luncheon.

Sept. 29 Sami Bachir, Nour Ragab

Oct. 6 Virgiliu & Gabriela Plesa, Mihaela & Tiberiu Milosav

Oct. 13 **ANNUAL TURKEY SOCIAL – NO COFFEE HOUR**

Oct. 20 Eleni Athanatos & Tom Sowanick, Amber Touch

Oct. 27 Sophie Dumas, Melissa Braun

Nov. 3 Tyler Burger, Ludwin Lopez
Nov. 10 Galina Shubina, Vera Pschenyczny
Nov. 17 **FAST** Fiyori Habtesillasse, Lemlem Woldearegay
Nov. 24 **FAST** Peter Abdallah, Jim Galcik
Dec. 1 **FAST** Natalia Kolomatskaia, Trudy Ellmore
Dec. 8 **FAST** Germain & Tahara Ortiz, Hannah Dougherty
Dec. 15 **FAST** Mimi & Alan Berck, Amleset Gebrekvistas
Dec. 22 **FAST** Father Volodymyr & Matushka Oksana, Svetlana Sosedov
Dec. 29 Valeria & Timothy Srock, Guy Radcliffe
Jan. 5 Darice Keyes, Bill & Margie DiCicco
Jan. 12 Aftan Chowansky, Matthew & Nana Barrett
Jan. 19 Juan Garcia, Benjamin & Julie Stell
Jan. 26 Karina Kotelnicki, Paul & Patty Denko
Feb. 2 Anna, Leon & Simeon Brasowski, Brittani & Alex Brasowski
Feb. 9 Corneliu & Florica Balasa, Stefania Balasa

Have a healthy, blessed week!